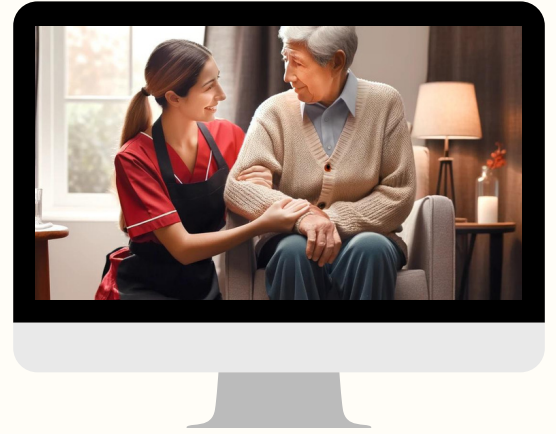




Beginning & Ending Steps



Providing care to residents in healthcare facilities requires attention to detail, respect for residents' rights, and adherence to essential beginning and ending steps. These steps ensure the safety, comfort, and well-being of residents. We will walk you through the essential steps to follow when providing care to residents, whether you are a nursing assistant, healthcare professional, or caregiver.

Step 1: Respect Residents' Privacy and Preferences

- Before entering a resident's room, knock and wait for permission.
- Upon entering, introduce yourself and state your title to the resident.
- Greet the resident courteously, and verify their identity to prevent any errors.

Step 2: Handwashing for Infection Prevention

- Always start by washing your hands thoroughly. Proper hand hygiene is essential to prevent the spread of infection.
- Understand that handwashing may need to be repeated during the procedure, and it is a vital step in resident care.

Step 3: Explain the Procedure and Maintain Communication

- Clearly and slowly explain the procedure to the resident.
- Maintain face-to-face contact whenever possible, as residents have the right to know what care is being provided.
- Encourage understanding, cooperation, and independence through effective communication.

Step 4: Ensure Resident Privacy

- Use curtains, screens, or doors to maintain the resident's privacy and dignity during the procedure.

- Remember that privacy is not just a courtesy but a legal right for residents.

Step 5: Adjust the Bed and Ensure Safety

- Adjust the bed to a safe and comfortable level, typically waist-high.
- Lock the bed wheels to prevent any unwanted movement during care.
- Raising the bed also reminds you to use proper body mechanics to prevent injury to yourself and residents.

Step 6: Ending Steps and Care Procedures

- After completing the care procedure, return the bed to its lowest position.
- Remove any extra privacy measures added during the procedure, including drapes and screens.
- Ensure that the area is tidy, and supplies are in their designated places.

Step 7: Provide Access to a Call Light

- Place a call light within easy reach of the resident. A call light allows residents to communicate with staff when needed.
- Always respond promptly to call lights to meet residents' needs and ensure their safety.

Step 8: Document the Procedure

- Document the care procedure using the facility's guidelines.
- As you often spend the most time with residents, you are in the best position to observe any changes in their condition.
- Report any significant changes to the nurse for further assessment and care.

Step 9: The Importance of Proper Documentation

- Emphasize the importance of documenting the care you provided.
- Highlight that not documenting care means it legally did not happen.

Conclusion:

Following these beginning and ending steps when providing care to residents is essential to ensure their safety, maintain their dignity and privacy, and prevent the spread of infections. As a caregiver or healthcare professional, you play a vital role in residents' well-being and comfort.